

## APPETIZERS

- BEST FALAFEL IN TOWN** 9
- OLD-FASHIONED HUMMUS** 10  
Home made Mediterranean Hummus, Served with Pita.  
Add Carrots & Celery Sticks +2
- MEDITERRANEAN SAMPLER** 15  
Hummus, Falafels & Israeli Salad, Served with Pita.
- HOMEMADE LENTIL SOUP** 7

## WRAPS



[ Add Avocado, Feta, or Mozzarella for \$3  
Make It A Combo +4 (Fries or House Salad) ]

- GRILLED CHICKEN** 16  
Chicken, Lettuce, Tomatoes, Cucumbers & Carrots
- TUNA SALAD** 16  
Homemade Tuna Salad, Lettuce, Tomatoes, Carrots & Cucumbers
- FALAFEL** 14  
Falafel, Homemade Hummus, Lettuce, Tomatoes, Cucumbers & Carrots
- WAWA** 17  
Grilled Chicken, Brown Rice & Avocado
- WRAP ME** 18  
Fresh Spinach, Grilled Chicken Breast, Turkey, Gyro, Onions & Mixed Peppers
- MIAMI SQUEEZE SPECIAL** 19  
Grilled Salmon, Quinoa, Fresh Spinach, Red Cabbage & Avocado
- GRILLED SALMON** 18  
Lettuce, Tomatoes, Cucumbers, Red Cabbage & Carrots
- GYRO** 16  
Gyro, Lettuce, Tomatoes, Carrots, Red Cabbage, Cucumbers & Feta Cheese
- MEXICANO** 16  
Grilled Chicken, Fresh Spinach, Tomatoes & Spicy Chipotle Sauce

## PANINIS

All Pitas are served with House Salad

[ Add Avocado, Feta, or Mozzarella for 3  
Make It A Combo +4 ]

- NEW YORK STYLE** 17  
Sliced Turkey, Mayo, Tomatoes & Mozzarella
- PESTO CHICKEN** 17  
Chicken, Tomatoes, Onions, & Pesto Sauce
- TUNA** 16  
Tuna Salad with Tomatoes, Avocado
- TOAST NAKNIK** 17  
Pastrami, Roast Beef, Corn Beef or Turkey
- JERUSALEM TOAST** 16  
Cheese, Tomatoes, Olives, Mushrooms

## KIDS

Under 12 years old



- CHICKEN FINGERS** 14  
Served with Seasoned Fries
- GRILLED CHEESE** 12  
Served with Seasoned Fries



## MELTS

- SOUTHWEST CHICKEN** 15  
Chipotle, Chicken & Tomatoes, Mozzarella
- ITALIAN** 15  
Pesto & Tomato Spread, Chicken, Onions, Black Olives, Tomatoes, & Mozzarella
- MEAT ME** 17  
Fresh Spinach, Onions & Peppers, Chicken, Turkey & Gyro, Mozzarella
- TUNA** 15  
Tomato Spread, Tuna Salad topped with Mozzarella

## SALADS



[ Add Avocado, Feta, or Mozzarella for 3  
Make It A Combo +4 ]

- MILLIONAIRE** 15  
Grilled Chicken, Spinach, Cucumbers, Chickpeas & Feta Cheese
- FALAFEL** 14  
Falafel, Lettuce, Tomatoes, Cucumbers, Carrots & Feta Cheese
- MIAMI SQUEEZE** 18  
Grilled Chicken & Tofu, Lettuce, Tomatoes, Cucumbers, Carrots & Red Cabbage
- KALE LOVER** 15  
Kale, Tomatoes, Cucumbers, Onions & Corn
- THE GREEK** 15  
Lettuce, Tomatoes, Cucumbers, Mixed Peppers, Red Onions, Black Olives & Feta Cheese
- CHOP CHOP** 15  
Chicken, Lettuce, Walnuts, Tomatoes, Parsley & Spinach
- TERIYAKI SALMON SALAD** 19  
(Fried Fish), Lettuce, Fresh Spinach, Red Cabbage & Sesame Seeds (Contains Onions & Mushrooms)

## PITAS

All Pitas are Stuffed with Lettuce, Tomatoes, Carrots, and Cucumbers

[ Add Avocado, Feta, or Mozzarella for 3  
Make It A Combo +4 (Fries or House Salad) ]

- FALAFEL** 12  
+ Hummus
- GRILLED CHICKEN** 13  
Regular, Spicy, or Teriyaki Chicken
- GYRO** 13  
+ Red Cabbage & Feta
- EAT ME** 14  
Fresh Spinach, Grilled Chicken, Turkey, Gyro Mixed With Onions & Peppers
- TUNA SALAD** 13  
Lettuce, Tomato, Cucumber, & Carrots

## PLATTERS

[ Add Avocado, Feta, or Mozzarella for 3 ]

- CHICKEN** 20  
Regular, Spicy, or Teriyaki Served with Lettuce, Tomatoes, Carrots, Cucumbers & Brown Rice
- TUNA SALAD** 18  
Tuna Served with Lettuce, Tomatoes, Carrots, Cucumbers & Brown Rice
- GYRO** 19  
Grilled Lamb served with Lettuce, Tomatoes, Carrots, Cucumbers, & Brown Rice
- SALMON** 22  
Regular, Spicy or Teriyaki Salmon Served with Lettuce, Tomatoes, Carrots, Cucumbers & Brown Rice
- FALAFEL** 15  
Falafel Served with Lettuce, Tomatoes, Carrots, Cucumbers & Brown Rice
- BURGER** 18  
Turkey or Tuna Burger Served with Lettuce, Tomatoes, Carrots, Cucumbers & Brown Rice

## SPECIALS ★★★★★

- MEAT ME SPECIAL** 20  
Fresh Spinach, Grilled Onions, Mixed Peppers, Chicken, Turkey, Gyro
- TB BURGER** 20  
Turkey Burger, Mozzarella, Turkey Bacon, Tomato, Toasted Bun and French Fries
- PINEAPPLE EXPRESS** 20  
Brown Rice, Mixed Peppers, Onions, Pineapple & Grilled Chicken with Sesame Seed, Soy & Honey
- TERIYAKI CHICKEN & BROCCOLI** 20  
Chicken Teriyaki, Broccoli, Onions & Mushrooms and Brown Rice Topped with Sesame Seeds (Contains Onions & Mushrooms)



We are proud to serve you our original recipe, egg and dairy-free baked goods, which are made all the more delectable by using only the best all natural, 100% plant-based, GMO-free ingredients.



- MUFFINS 3    BROWNIES 4    COOKIES 3    FERRERO ROCHER CAKE 9    VEGAN CHEESE CAKE 9